

About New Pathways

New Pathways is a registered charity offering support and counselling to men, women and children who have been affected by Rape / Sexual Abuse or trauma. Over the past ten years we have developed a highly skilled and specialised workforce and also developed The Family Friendly Therapeutic Centre of Excellence. We continue to grow everyday in our professionalism, our motivation and our determination.

Our Experience with Offenders /ex-offenders:

Our project co-ordinators have a wealth of experience. Jackie Stamp has been a therapist for 12 years specialising in rape, sexual abuse and trauma. Mike Wilkinson has spent 14 years working in various prisons, and is also a qualified therapist. Between them they have been running a project in Cardiff Prison for the past 4 years offering therapy and support to serving prisoners.



New Pathways is here to support you if you have been affected by rape, sexual abuse or trauma. No matter when or where it occurred, we do not judge and we are here to support you

Contact Details:

Jackie Stamp Dip Couns
Mike Wilkinson Dip Couns
Project Co-ordinators

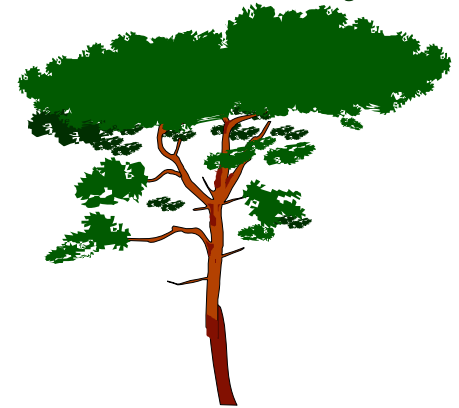
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New Pathways is proud to be an organisational member of The British Association of Counselling and Psychotherapy (BACP) and works within their guidelines and ethical framework. In addition, New Pathways training is also designed by a member of the British Psychological Society (BPS) and by a member of The Chartered Institute of Personnel and Development (CIPD).



New Pathways Outlook Project



Providing Support for Offenders, Ex-Offenders and their Families

In Partnership With:



GlaxoSmithKline



We can support you by providing the following services

- One-to-one counselling
- Group Therapy
- Family Liaison and support work
- Family Therapy
- Telephone counselling and advice
- We can liaise with other statutory and voluntary agencies
- Our service is free to our clients and is confidential
- We have an equal opportunities policy and we do not turn anyone away

Background Information

Through our work with offenders we have identified that many people feel totally unsupported upon release. Our research shows us that offenders and their families have difficulty in making the necessary adjustments when they are first released.

Counselling therapy is often requested, as is family liaison work. Often offenders tell us that the cycle of negative thought and behaviour patterns start at this point of release, leading eventually to re-offending and further imprisonment.

We aim to provide therapeutic and practical support that will enable offenders to better support themselves and their families. The service we provide will be tailored to the individual client's needs.

How do you access our services?

Serving Prisoners:

- You can refer yourself in writing or by telephone
- You can be referred by a member of prison staff e.g. wing staff, chaplains, healthcare, psychology, sentence planning, Carats Team etc.
- You can be referred by your legal representative

In The Community:

- You can refer yourself in writing or by telephone or by e-mail
- You can be referred by your G.P.
- You can be referred by another agency e.g. Probation, Social Worker, drugs/alcohol Worker etc